

**Virginia PRE-ADMISSION Screening**  
**Mental Retardation and/or Related Condition Level II Instrument**

**SECTION I: IDENTIFICATION**

1. Name: \_\_\_\_\_  
Last First MI

2. Gender: ☐ M ☐ F 3. DOB: \_\_\_\_\_ 4. Age: \_\_\_\_\_

5. Private Pay ☐ No ☐ Yes 6. Medicaid #: \_\_\_\_\_ 7. SSN: \_\_\_\_\_

8. CSB Name: \_\_\_\_\_ 9. Evaluation date: \_\_\_\_\_  
(Catchment area)

10. Evaluation location: ☐ NF ☐ Hospital ☐ Home ☐ Other (*specify*): \_\_\_\_\_  
\_\_\_\_\_

11. LPASC: \_\_\_\_\_ Contact person: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
(Title)  
Telephone: ( ) \_\_\_\_\_

12. Per documentation in chart, does the individual have a **LEGAL GUARDIAN**? ☐ No ☐ Yes  
If "Yes," complete the following:  
Name: \_\_\_\_\_ Phone#: ( ) \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Relationship: ☐ Parent ☐ Child ☐ Sibling ☐ Spouse ☐ Friend ☐ Other (*specify*): \_\_\_\_\_

13. DSM-IV Current Diagnoses: Axis I: Primary \_\_\_\_\_ Secondary \_\_\_\_\_  
Axis II: Primary \_\_\_\_\_ Secondary \_\_\_\_\_  
Axis III: Related Condition \_\_\_\_\_

**SECTION II: PSYCHOSOCIAL**

1. Marital Status: ☐ Married ☐ Widowed ☐ Separated ☐ Divorced ☐ Single ☐ Unknown

2. Education:

☐ Less than high school  
☐ Some college  
☐ Unknown

☐ Some high school  
☐ College graduate

☐ High school graduate  
☐ Special Education

3. Academic skills (check the box which best describes the resident's functional achievements).

<input type="checkbox"/> Yes	<input type="checkbox"/> No	Can read/recognize simple words
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Can read/recognize 3-4 word sentences
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Can read at newspaper level (approx. grade 6)
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Can perform simple addition/subtraction
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Can perform simple multiplication/division

4. Last full-time employment/day program position held:

Name: \_\_\_\_\_

## SECTION II: PSYCHOSOCIAL (Continued)

5. **Reasons for admission** (check all that apply):

<input type="checkbox"/> Cannot manage house	<input type="checkbox"/> Fear for personal safety	<input type="checkbox"/> Isolation
<input type="checkbox"/> Convalescent care < 30 days	<input type="checkbox"/> Financial problems	<input type="checkbox"/> No primary caregiver
<input type="checkbox"/> Decline in ADLs	<input type="checkbox"/> Illness/disease	
<input type="checkbox"/> Emergency placement	<input type="checkbox"/> Other (specify):	

6. Is this person able to evacuate a building in 3 minutes unassisted? ☐ No ☐ Yes

7. Provide history to substantiate MR/RC diagnosis:

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8. Are there current and ongoing family supports? ☐ No ☐ Yes

Please describe: \_\_\_\_\_

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## SECTION III: LEVEL OF FUNCTIONING

1. **Basic Functional skills:** Coding 1= Independent 2=Verbal assistance 3=Physical assistance 4= Dependent

- ( ) Transferring ( ) Bladder ( ) Bowel ( ) Prepares for bed  
 ( ) Toileting ( ) Self medication ( ) Eating ( ) Dressing/undressing  
 ( ) Bathing ( ) Personal hygiene ( ) Brushing ( ) Selecting appropriate clothes

2. **Advanced Functional skills:** Coding 1= Independent 2=Verbal assistance 3=Physical assistance 4= Dependent

- ~~( ) Housework~~ ~~( ) Use of telephone~~ ~~( ) Use of Money~~ ~~( ) Goes outdoors safely~~  
 ( ) Care of clothing ( ) Use of transportation ( ) Manage finances ( ) Treat minor ailments  
 ( ) Meal preparation ( ) Shopping ( ) Use of leisure time ( ) Monitor health status  
 ( ) Employment ( ) Understands time ( ) Respond to emergencies ( ) Attend medical appts.

3. **Cognitive skills:** Coding 1= Independent 2=Verbal assistance 3=Physical assistance 4= Dependent

- ( ) Prepares for daily activities ( ) Understands 1 step instructions ( ) Stays on task  
 ( ) Arranges for transport ( ) Understands multi-step instructions ( ) Completes assignments  
 ( ) Expresses needs and wants ( ) Learns new skills ( ) Transfers skills

4. **Sleep Pattern** (mark one):

- ☐ Normal ☐ Problems falling asleep ☐ Problems staying asleep ☐ Severely disturbed pattern

Name: \_\_\_\_\_

### SECTION III: LEVEL OF FUNCTIONING (Continued )

5. **Ambulation** (mark one):

- ☐ Fully independent ☐ Unsteady ☐ Aids (cane/walker/assist. by 1) ☐ Wheelchair/indep.  
☐ Wheelchair/assisted ☐ Chairfast or Posey support ☐ Bedfast ☐ Other (specify):

6. **Assistive Devices:** Describe the extent to which corrective/assistive/prosthetic/mechanical devices are used and/or could improve the individual's functional capabilities:

### SECTION IV: MEDICAL HISTORY

1. **Psychotropic Medication**

Record any psychotropic medications that have been prescribed and note any changes in dosage in the last three months.

Drug Code/Name	Purpose	Dosage	Freq	Change	Response to Rx

**2. STAT/PRN Administration of Medication**

In the last 60 days, has the individual received an emergency (STAT) or PRN administration of medication to control her/his behavior?

☐ No

☐ Yes

*If "yes," please indicate the medication that was administered and the behavior for which the medication was administered:*

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**3. Physician Review**

Is a physical examination completed and signed by a licensed physician in the last 12 months attached?

☐ Yes, skip, physical examination supplement.

☐ No, the physical examination supplement must be completed and signed by a licensed physician.

**4. Comments:**

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5. \_\_\_\_\_ ( ) \_\_\_\_\_ Date  
QMRP Signature Telephone Number

Name: \_\_\_\_\_

**SECTION V: BEHAVIORAL ASSESSMENT**

1. Affective Behavior Observations

a. Physical Features (*mark all that apply*):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Clean/Tidy                  | <input type="checkbox"/> Poor hygiene/Unwashed                     | <input type="checkbox"/> Well-groomed       |
| <input type="checkbox"/> Careless/Dishevelled/Sloppy | <input type="checkbox"/> Normal street dress                       | <input type="checkbox"/> Wearing bedclothes |
| <input type="checkbox"/> Makeup or jewelry           | <input type="checkbox"/> No apparent effort at personal appearance |   |
| <input type="checkbox"/> Non-seasonal clothing       | <input type="checkbox"/> Other ( <i>specify</i> ): _____           |   |

b. Level of Consciousness (*mark all that apply*):

- ☐ Alert ☐ Drowsy ☐ Attentive ☐ Inattentive ☐ Lethargic ☐ Other (*specify*): \_\_\_\_\_

c. Manner (*mark all that apply*):

- |  |                                    |   |  |  |                          |
|--|------------------------------------|---|--|--|--------------------------|
| <input type="checkbox"/> Warm              | <input type="checkbox"/> Shy       | <input type="checkbox"/> Threatening          | <input type="checkbox"/> Concerned about others          | <input type="checkbox"/> Outgoing nature | <input type="checkbox"/> |
| Silly <input type="checkbox"/> Sincere     | <input type="checkbox"/> Apathetic | <input type="checkbox"/> Aggressive           | <input type="checkbox"/> Sense of humor                  | <input type="checkbox"/> Suspicious      |                          |
| <input type="checkbox"/> Easily frustrated | <input type="checkbox"/> Childlike | <input type="checkbox"/> Reluctant to Respond | <input type="checkbox"/> Other ( <i>specify</i> ): _____ |  |                          |

d. Mood and Affect (*mark all that apply*):

- |  |                               |                                   |                                 |
|--|-------------------------------|-----------------------------------|---------------------------------|
| <input type="checkbox"/> Appropriate in quality and intensity to stated themes |                               |                                   |                                 |
| <input type="checkbox"/> Flat or blunted                                       |                               |                                   |                                 |
| <input type="checkbox"/> Depressed   | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Anxious, fearful or worried                           | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Angry, belligerent or hostile                         | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Delusional  | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Suicidal  | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Homicidal   | <input type="checkbox"/> Mild | <input type="checkbox"/> Moderate | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Other ( <i>specify</i> ): _____                       |                               |                                   |                                 |

e. Form of Thought (*check all that apply*):

- |                                   |   |  |  |
|-----------------------------------|---|--|--|
| <input type="checkbox"/> Coherent | <input type="checkbox"/> Incoherent/Illogical | <input type="checkbox"/> Blocking      | <input type="checkbox"/> Tangentiality     |
| <input type="checkbox"/> Relevant | <input type="checkbox"/> Irrelevant/Rambling  | <input type="checkbox"/> Impoverished  | <input type="checkbox"/> Circumstantiality |
| <input type="checkbox"/> Logical  | <input type="checkbox"/> Loose Associations   | <input type="checkbox"/> Perseveration | <input type="checkbox"/> Pressured         |

f. Orientation Level (*mark one*):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Oriented X3; clear at all times | <input type="checkbox"/> Oriented X3; forgetful at times | <input type="checkbox"/> Oriented to person and place |
| <input type="checkbox"/> Oriented to person              | <input type="checkbox"/> Oriented to situation           | <input type="checkbox"/> Oriented to bathroom/bed     |
| <input type="checkbox"/> Confused at times in day        | <input type="checkbox"/> Confused at times at night      | <input type="checkbox"/> Disoriented X3               |
| <input type="checkbox"/> Nonresponsive                   | <input type="checkbox"/> Unable to determine             |   |

g. Communication Ability (*check all that apply*):

- |  |   |                                      |   |  |
|--|---|--------------------------------------|---|--|
| <input type="checkbox"/> No problems           | <input type="checkbox"/> Reads                      | <input type="checkbox"/> Writes      | <input type="checkbox"/> Speech unclear/slurred | <input type="checkbox"/> Gestures/aids |
| <input type="checkbox"/> Inappropriate content | <input type="checkbox"/> Stammer/stutter/impediment | <input type="checkbox"/> Eye contact | <input type="checkbox"/> Unresponsive           |  |

h. Socialization (*mark all that apply*):

- ☐ Appropriately responds to others' initiations  
☐ Appropriately initiates contact with others  
☐ Inappropriate responses/interactions (*describe*): \_\_\_\_\_  
☐ Withdrawn

i. Attitude (*mark one*):

- ☐ Cooperative ☐ Oppositional ☐ Agitated ☐ Guarded

Name: \_\_\_\_\_

**SECTION V: BEHAVIORAL ASSESSMENT (Continued)**

## 2. Placement in Seclusion/Physical Restraints/Behavior Changes

In the last 60 days, has the individual been placed in seclusion or other physical restraints to control dangerous behavior?

☐ No ☐ Yes

If "yes," describe the behavior changes and type of restraints, if applicable: \_\_\_\_\_

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## 3. Functional Assessment Summary (ICAP, ABS, etc.)

*Describe current functional status - improvement or decline. Identify any strengths or weaknesses which may impact the individual's participation in specialized services.*

- a. Motor Skills (This domain assesses one's sensory and motor abilities. Visual and auditory abilities are examined, as are fine-motor and gross motor skills.)

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- b. Social & Communication Skills (This domain assesses receptive and expressive abilities and how one utilizes those skills to make needs and requests known. This area also assesses the individual's ability to interact with others.)

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- c. Personal Living (This domain pertains to eating, toileting, maintaining a clean, neat appearance, taking care of clothing, dressing and undressing, etc.)

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- d. Community Living (This area addresses skills relating to handling money, telling time, acting responsibly, preparing meals, doing laundry, etc.)

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- e. Broad Independence (This area addresses the individual's overall ability to take care of him/herself and interact in his environment.)

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- f. Problem Behaviors (Describe any behaviors which are disconcerting or upsetting to others, such as inappropriate physical contact, stereotypical or being overly active. Included in this domain may be behaviors that relate to sexual activity in socially unacceptable ways and behaviors that cause harm to oneself. Describe any behavior strategies that have been implemented and their impact on the behavior.)

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**SECTION VI: DETERMINATION RECOMMENDATION**



1. Name: \_\_\_\_\_  
Last First MI

2. SSN: \_\_\_\_\_ 3. Medicaid#: \_\_\_\_\_

4. The individual has, or may have, a diagnosis of mental illness?

☐ No

☐ Yes

If yes, specify diagnosis \_\_\_\_\_

5. Does the individual meet the DSM-IV criteria for mental retardation?

☐ No

☐ Yes, check at least one of the following and substantiate by completing item 6 (include copy of assessment)

☐ Mild

☐ Moderate

☐ Severe

☐ Profound

6. Cognitive test (specify): \_\_\_\_\_ Date performed: \_\_\_\_\_

Verbal IQ \_\_\_\_\_ Perf IQ \_\_\_\_\_ Full Scale IQ \_\_\_\_\_

Administered by: \_\_\_\_\_ Title: \_\_\_\_\_

7. Does the individual meet the DSM-IV criteria for a related condition?

☐ No, if the answer to question 5 was also no, stop here and sign on page 7.

☐ Yes, check at least one of the following:

☐ Autism

☐ Blindness

☐ Cerebral Palsy

☐ Deafness

☐ Encephalitis

☐ Epilepsy/seizures

☐ Friedreich's Ataxia

☐ Other: (specify) \_\_\_\_\_

☐ Head Injury

☐ Hemiparesis

☐ Hemiplegia

☐ Hydrocephaly

☐ Meningitis

☐ Microcephaly

☐ Multiple Sclerosis

☐ Muscular Dystrophy

☐ Paraparesis

☐ Paraplegia

☐ Polio

☐ Quadriplegia

☐ Spina Bifida

☐ Spinal Cord Injury

8. Check the box that best describes the individual's functional level in each of the following areas:

	Independent	Minimal	Moderate	Unable
a. Takes care of most personal needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Understands most simple commands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Communicates basic needs and wants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Is employed at a productive wage w/o long term supervision/support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Learns new skills w/o aggressive and consistent training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Generalizes trained skills to other environments w/o aggressive and consistent training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Name: \_\_\_\_\_

## SECTION VI: DETERMINATION RECOMMENDATION

### 9. SPECIALIZED SERVICES RECOMMENDATION

Does resident require specialized services? ☐ No ☐ Yes

(Mark all that apply):

#### CURRENT SPECIALIZED SERVICES

#### RECOMMENDATIONS

Continue Discontinue New

<input type="checkbox"/> 1. Behavior Skills	1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 2. Communication	2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 3. Community Living Skills	3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 4. Resource Utilization Skills	4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 5. Day Support and Habilitation	5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 6. Education	6.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 7. Environmental Skills	7.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 8. Pre-Vocational/Sheltered Employment	8.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 9. Self-Advocacy	9.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 10. Self-Help/Personal Care	10.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 11. Social Skills Development	11.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 12. Supported Employment	12.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 13. Task Learning	13.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 14. Transportation to Specialized Services	14.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 15. Assistive Technology Evaluation	15.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16. Assistive Technology	16.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16a. Communication devices	16a.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16b. Compensatory devices	16b.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16c. Environmental control devices	16c.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16d. Environmental modifications	16d.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16e. Feeding devices	16e.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16f. Wheelchair Seating/positioning	16f.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16g. Wheelchair fitting-customized	16g.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 16h. Mobility aids	16h.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 17. Other adaptive devices (specify): _____	17.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Rationale: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**10. SERVICES OF LESSER INTENSITY**

**Does resident require services of lesser intensity?**

☐ NO ☐ YES

**(Mark all that apply)**

- ☐ 1. Adjustment needs
- ☐ 2. Basic grooming
- ☐ 3. Behavior management
- ☐ 4. Non-customized durable medical equipment
- ☐ 5. Occupational therapy
- ☐ 6. Physical therapy
- ☐ 7. Restorative nursing
- ☐ 8. Speech-language pathology
- ☐ 9. Sensory stimulation
- ☐ 10. Visual/Hearing
- ☐ 11. Other \_\_\_\_\_

**11. Print Assessor's Name** \_\_\_\_\_ **Title** \_\_\_\_\_ **Telephone (\_\_\_\_)** \_\_\_\_\_

**Assessor/QMRP Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_